

40 Days of Prayer and Fasting

October 2nd

Daily Devotional #2

Today's devotional comes to us (WH Family & Friends) from one of our Elders, Armando Hernandez. Armando decided to begin a food fast at sundown Tuesday so that our 40 Days would begin with someone fasting. Shep & Karen also fasted beginning Tuesday evening. What a blessing our leaders are --- they have called us to this time of fasting and prayer and are leading us in it and through it and participating **with us!** May GOD be praised and pleased!

Below you'll find Armando's prayer to welcome the morning. It is an excerpt from [A Diary of Prayer](#), and can be found in Richard Foster's [Devotional Classics](#), pp. 126-127.) Notice how this purposeful prayer is honestly humble, deeply peaceful, and beautifully faithful. May we all pray and live this prayer throughout our 40 Day journey and beyond!

Blessings, and love,
Danny

PS... Try Praying this prayer twice – once with the personal pronouns (my, I, me, etc.) and once for your WH Family (our, we, us, etc.)!

Morning Prayer

Eternal father of my soul,
 let my first thought be of you,
Let my first impulse be to worship you,
 Let my first speech be your name,
Let my first action be to kneel before you in prayer.

For your perfect wisdom and perfect goodness:

For the love with which you love mankind:

For the love with which you love me:

For the great and mysterious opportunity of my life:

For the indwelling of your spirit in my heart:

For the sevenfold gifts of your Spirit:

I praise and worship you, O Lord.

Let me not, when this morning prayer is said, think my worship ended
and spend the rest of the day in forgetfulness of you.
Rather from these moments of quietness let light go forth, and joy, and power,
that will remain with me through all the hours of the day;

Keeping me chaste in thought:

Keeping me temperate and truthful in speech:

Keeping me faithful and diligent in my work:

Keeping me humble in my estimation of myself:

Keeping me honorable and generous in my dealings with others:

Keeping me loyal to every hallowed memory of the past:

Keeping me mindful of my eternal destiny as a child of Yours.

Through Jesus Christ my Lord, Amen.

Armando Hernandez